

January 12th, 2021, 13:30 – 15:00h

Families – future abilities for families in rural European communities

Workshop Session on a sustainable Work-Life-Balance in rural Areas

Success Factor Family – Office of the Companies’ Network

Kirsten Frohnert & Thomas Maier

Agenda

Time	Content	Methodology (M) and expected results (R)
13:30	Welcome	
13:35	Introduction of the Companies’ Network „Success Factor Family“: Who we are and what we do Questions & Answers	M: Presentation R: Participants know the network, get inspiration for their partnership activities, and meet the key actors of the network’s office
13:50	Introduction to MIRO: How does it work?	R: Participants learn how to use MIRO
14:00	Sustainable Work-Life-Balance in rural areas: What are we talking about?	M: Group work on a Miro-Whiteboard (writing notes individually and clustering them together) R: Defining/finding a joint comprehension of what we mean when talking about „Sustainable Work-Life-Balance in rural areas“
14:20	What is state of the art (1)? On a scale from 1 to 10 where do the partner regions stand?	M: Looking at the different partner regions/rural areas, ranking on a scale from 1 to 10 (whiteboard) where partner regions stand regarding the sustainable work-life-balance of the respective regions 1 = very low work-life-balance conditions 5 = we already have some structures und offers, but there is much more potential 10 = highly elaborated structures and offers, very good work-life-balance conditions

		R: Mutual understanding of work-life-conditions in respective regions
14:25	What is state of the art (2): Why did you rank your region like this?	M: Exchange on scaling/ranking; network office collects and records main ideas (+/-) R: Mutual understanding of work-life-conditions in respective regions; first collection of good practice and spheres of activity
14:40	Working on the future: What must be done now?	M/R: Brainstorming on first ideas and approaches to promoting sustainable work-life-balance in rural areas
If time left		Prioritising the ideas
15:00	End of Workshop Session	

January 11th, 2021/Network's office „Success Factor Family”